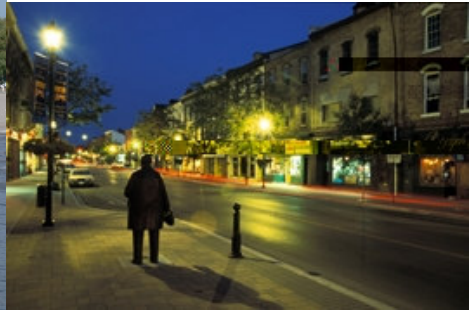


Town of Cobourg RELOCATION GUIDE



www.cobourg.ca

relocating to cobourg

For those of you who have not had a chance to visit us, Cobourg is located in the Province Ontario within the County of Northumberland, just one hour east of Metropolitan Toronto on Highway 401, midway between Kingston and Toronto. Cobourg's quality of life is second to none, with many recreational and cultural amenities, quality educational opportunities and affordable housing. In fact, Statistics Canada reported the *Cobourg Police Service ranked first* in crime clearance against policing populations between 15,000 and 50,000 in Ontario.

Citizens in Cobourg are also known to *volunteer three times more than the national average* as reported by the Toronto Sun who refer to us as "a small town with a big heart". In addition, most recently we were chosen one of the *Top 10 places in Canada in which to live* by MoneySense Magazine and *Top 20 Communities in Canada in Which to Live* by 50 Plus magazine. We were also ranked highest in Ontario by the Canadian Federation of Independent Business members *for performance of local Government* and we have won Provincial and Federal awards *for "Communities in Bloom."*

Cobourg offers a stable and skilled labour force, excellent transportation facilities including mainline CN and CP Rail, VIA Rail commuter service, fibre optics and local government committed to business needs. We are home to approximately 1,000 businesses in a diverse range of sectors. Some of North America's most successful businesses such as Belden (Canada) Inc., Horizon Plastics, National Manufacturing Canada Inc., Kraft Canada Inc., as well as over 70 franchises have chosen our area for its *competitive advantages*.

Below is information about our community including parks and recreational facilities, apartment list, a list of realtors, schools, health care information etc.

If you require further information, please feel free to contact us at the Community Development Office, econdev@cobourg.ca or by phone to 1.888.Cobourg (262.6874)

demographics

**Figures have been rounded

Population 2006	18,210		
Population 2001	17,172		
Population 1996	16,185		
2001 to 2006 population change (%)	6.0		
Total private dwellings	7,571		
Population density per sq.km	814.0		
Land area (sq.km)	22.37		
	*Total	*Male	*Female
Total . All persons	18,210	8,460	9,750
Age 0.4	795	425	370
Age 5.14	1,945	975	975
Age 15.19	1,220	640	580
Age 20.24	1,070	545	520
Age 25.44	3,765	1,775	1,995
Age 45 – 54	2,680	1,305	1,380
Age 55 – 64	2,285	1,035	1,250
Age 65 – 74	2,005	880	1,125
Age 75 – 84	1,700	665	1,035
Age 85 and over	740	210	525
Median age of the population	46.1	44.0	48.0
% of the population ages 15 and over	85.0	83.5	86.2

Elementary Schools

Burnham School

614 Burnham Street
Cobourg, ON K9A 2X1
905.372.7014
Fax: 905.372.4221
www.kprdsb.ca
Leisa Dunn, Principal
Junior kindergarten to grade 6

C.R. Gummow Public School

287 Gravely Street
Cobourg, ON K9A 1H8
905.372.9752
Fax: 905.372.0953 or 905.372.4858
www.kprdsb.ca
Alison Kneen, Principal
Junior kindergarten to grade 8 with French immersion

Grant Sine Public School

780 Darcy Street North
Cobourg, ON K9A 4B3
905.372.9611
Fax: 905.372.0250
grantsine@kpr.edu.on.ca
www.kprdsb.ca
Kevin Dunn, Principal
Junior kindergarten to grade 8, offers special education

Merwin Greer Public School

457 King Street East
Cobourg, ON K9A 1M7
905.372.3571
Fax: 905.372.1159
www.kprdsb.ca
Kevin Dunn, Principal
Junior kindergarten to grade 6

Northumberland Christian School

8861 Danforth Road, R.R. # 5
Cobourg, ON K9A 4J8
905.372.8766
Fax: 905.372.6299
ncsoffice@bellnet.ca
Cindy Warr, Principal
Junior kindergarten to grade 8

Northumberland Montessori School

8681 Danforth Road West
Cobourg, ON K9A 4J9
905.377.1439
nms@bellnet.ca
www.northumberlandmontessorischools.ca
Claudia Langlois, Teacher
Montessori school for ages 3 years to 12 years
Toddler program 18 months to 3 years

Notre Dame Catholic Elementary

760 Burnham Street
Cobourg, ON K9A 2X6
905.377.9967
Fax: 905.377.1214
www.pvnccdsb.on.ca/
Mary Cozzanini, Principal
Junior Kindergarten to grade 8 English, grades 5 to 8 French immersion

St. Joseph's Elementary School

919 D'Arcy Street North
Cobourg, ON K9A 4B4
905.372.6879
Fax: 905.372.5956
www.pvnccdsb.on.ca/
Bernadette Maloney, Principal
Junior kindergarten to grade 8

St. Michael's Elementary School

23 University Avenue West
Cobourg, ON K9A 2G6
905.372.4391
Fax: 905.372.1452
mcon@pvnccdsb.on.ca
www.pvnccdsb.on.ca/
Joseph Kennedy, Principal
Senior kindergarten to grade 5 in French, junior kindergarten to grade 6 in English

Terry Fox Public School

1065 Riddell Avenue
Cobourg, ON K9A 5N4
905.372.8800
Fax: 905.372.6953
www.kprdsb.ca
Peter Bishop, Principal
Junior kindergarten to grade 8

Secondary Schools

Cobourg District Collegiate Institute East

335 King Street East
Cobourg, ON K9A 1M2
905.372.2271
Fax: 905.372.5343

www.kprdsb.ca

Craig Myles, Principal
Secondary school grades 9 to 12, offers special education and french immersion

Cobourg District Collegiate Institute West

135 King Street West
Cobourg, ON K9A 2M7
905.372.2191
Fax: 905.372.1155

www.cdciwest.com/

Laina Andrews, Principal
Secondary school grades 9 to 12

St. Mary's Secondary School

1050 Birchwood Trail
Cobourg, ON K9A 5S9
905.372.4339
Fax: 905.373.4529

www.smcss.ca

mjolly@pvnedsb.ca
Mark Jolly, Principal

Grades 9 to 12, also offers french immersion

Colleges, Universities & Training Centres

C.I.S. (Centre for Individual Studies)

700 D'Arcy Street, Unit 30
Cobourg ON K9A 5T3
905.372.1697

www.kprdsb.ca

Jenny Spetsnijder, Campus Head/
Pam Pryjma, Principal
Adult and alternate high school for ages 16 and over

Community Training & Development Centre

P.O. Box 662, 300 Alexandria Drive
Cobourg ON K9A 4R5
905.372.9967

Toll Free: 1.877.749.2832

www.ctdclearningplace.com

Madelaine Currelly, CEO

Training and development through specialized programs and services which positively influence individual and community growth

Durham College of Applied Arts & Technology

OSHAWA CAMPUS

2000 Simcoe Street North
Oshawa, ON L1H 7L7
905.721.2000

Fax: 905.721.3113

info@durhamcollege.ca

www.durhamcollege.ca/

Community College

WHITBY CAMPUS

1610 Champlain Avenue
Whitby, ON L1N 6A7
905.721.3300

Fax: 905.721.3335

info@durhamcollege.ca

www.durhamcollege.ca

Loyalist College of Applied Arts & Technology

Wallbridge Loyalist Road, P.O. Box 4200
Belleville, ON K8N 5B9
613.962.1913

liason@loyalistic.on.ca

www.loyalistic.on.ca/

Community College

Fleming College

LAKESHORE CAMPUS

1005 Elgin Street West, 2nd Floor
Cobourg, ON K9A 5J4
905.372.6865

Fax: 905.372.8570

info@flemingc.on.ca

www.flemingc.on.ca/

Blaine Harvey, Principal

Community college . academic upgrading, full and part time programs, customized training

**Fleming College
BREALEY DRIVE CAMPUS**

599 Brealey Drive
Peterborough, ON K9J 7B1
705.749.5530

info@flemingc.on.ca
www.flemingc.on.ca/

Full.time and part.time diploma programs

Willis College (formerly *Trillium College*)

1111 Elgin Street West, Northumberland Mall
Cobourg, ON K9A 5H7
905.372.8978

Fax: 905.372.5189
info@williscollegecobourg.com
www.williscollegecobourg.com/

Beverly Knight, Director
Full.time diploma programs, short.time evening programs

Trent University

1600 West Bank Drive
Peterborough, ON K9J 7B8
705.748.1011

Toll Free: 1.888.739.8885
communication@trentu.ca
www.trentu.ca/

Trinity College School

55 Deblaquiere Street North
Port Hope, ON L1A 4K7
905.885.3209
Fax:905.885.7444

info@tcs.on.ca
www.tcs.on.ca/
Stuart Granger, Headmaster
Jeff Prince, Secretary
Private school

LIUNA Local 183 Training Centre

560 Dodge Street, PO Box 156
Cobourg, ON K9A 4K5
905.372.1183

www.183training.com/
John Poirier, Training & Facility Coordinator
Comprehensive training program for apprentice and members.

Daycare & Nursery Schools

Cobourg Day Care

325 Alexander Drive
Cobourg, ON K9A 5B2
905.372.9507
Fax: 905.372.7710
Jennifer Rogers, Executive Director
Child care

YMCA Northumberland Child Care Centre

339 Elgin Street West
Cobourg, ON K9A 4X5
905.377.1271
Fax: 905.372.8904
oeycmail@ymcanorthumberland.com
www.ymcanorthumberland.com/
Debbie Brown, Program Director
Kasie Taylor, Supervisor
Child care 2 . 5 years
Before and After school programs at: Terry Fox
P.S., C R Gummow P. S. and St. Joseph's
Catholic School

Junior Set Nursery School

326 Ball Street
Cobourg, ON K9A 3J2
905.372.3756 or 905.372.8202
Sue Jansma, Operator
Janice Glinski, Owners
Nursery school for 2.5 year olds

St. Peter's Anglican Preschool

240 Chapel Street
Cobourg On K9A 1K9
905.372.3442
stpeterscobourg.org
Heather Godfrey, Chair of Preschool
Linda Hayes, Supervisor

COOK'S SCHOOL DAYCARE INC.

700 D'Arcy Street, Building 18, Unit 31
Cobourg, ON K9A 5T3
905.372.4525
cooks.on.darcy@cooksdaycare.ca
www.cooksdaycare.ca
Lynn Stubbing, Executive Director

Offers 3 child care programs:

Cook's Child Care Program

700 D'Arcy Street, Building 18, Unit 31
Cobourg, ON K9A 5T3
905.372.4525
cooks.on.darcy@cooksdaycare.ca
www.cooksdaycare.ca
Lisa Smith, Supervisor
Child care for children ages 15 months to 12 years

Cook's Home Child Care Agency

172 Queen Street East
Cobourg, ON K9A 5P6
905.372.2143
Fax: 905.372.2441
cooks.home@cooksdaycare.ca
www.cooksdaycare.ca
Heather A'Court, Consultant/Home Visitor
Child care in a home based setting for children aged 3 weeks to 2 years

Victoria Child Care Centre

172 Queen Street East
Cobourg, ON K9A 5P6
905.372.2143
Fax: 905.372.2441
vic.park@cooksdaycare.ca
www.cooksdaycare.ca
Sharon Welsh, Supervisor
Full program and activity centre based child care for 15 months to 12 years

Boards of Education

The Kawartha Pineridge District School Board

1994 Fisher Drive
Peterborough, ON K9J 7A4
Toll Free: 1.877.741.4577
Fax: 705.742.7801
kpr_infor@kprdsb.ca
kprschools.ca
W. R. Hick, Director of Education
Regional public board of education

The Peterborough, Victoria, Northumberland & Clarington Catholic District School Board

1355 Lansdowne Street West
Peterborough, ON K9J 7M3
705.748.4861
Toll Free: 1.800.461.8009
Fax: 705.748.9734
jleahy@pvnccdsb.on.ca
www.pvnccdsb.on.ca/
Jenny Leahy, Office of the Director Communications . Administrative Assistant
Regional catholic board of education

Service Clubs

Duke of Kent Rebekah Lodge Cobourg Memorial Temple

412 Victoria Street, Cobourg
Mail to: 412 Victoria Street
Cobourg, ON K9A 3G9
Terry Switzer (Rebecca's), 905.372.3280

Hastings & Prince Edward County Regiment

210 Willmott Street, Unit #6
Cobourg
905.373.6900
Mail to: 187 Pinnacle Street,
Belleville, ON K8N 3A5

Independent Order of Odd Fellows and Rebekah's Humanitarian Service Committee, Cobourg

Cobourg Memorial Temple,
412 Victoria Street, Cobourg
Mail to: 412 Victoria Street,
Cobourg, ON K9A 3G9
905.372.6692

Inner Wheel Club

Cobourg, ON
Mail to: 334 Hamilton Ave
Cobourg, ON K9A 1V8
Edna Blything, Secretary, 905.372.0205

Kiwanis Club of Cobourg

Cobourg, ON
Mail to: P.O. Box 760, Cobourg, ON, K9A 4R5
Harold Peters, 905.372.2600

Knights of Columbus Cobourg Columbus Community Centre

232 Spencer Street East, Cobourg
Mail to: P.O. Box 615, Cobourg, ON K9A 4L3
Robert Clement 905.372.2991

Ladies Orange Benevolent Association, Maple Leaf Lodge #351

387 Ontario Street, Cobourg
Mail to: 598 Carlisle Street,
Cobourg ON K9A 1X6
Margaret Beckman, Secretary 905.372.9721

Lakeshore Shrine Club

Masonic Temple, 54 Toronto Road, Port Hope
Mail to: 2998 Cornish Hollow Road, R.R.#6,
Cobourg, ON K9A 4J9
Ron DeMerchant, 905.885.1482

Lions Club of Cobourg

Lions Community Centre,
157 Elgin St. E., Cobourg
Mail to: P.O. Box 56, Cobourg, ON K9A 4K2
Dave Cunningham, President, 905.372.6374

Cobourg Lakeshore Lions

Lions Community Centre,
157 Elgin St. E., Cobourg
Mail to: P.O. Box 16, Cobourg, ON K9A 4K2
Maggie DiDomizo, President, 905.372.0451

Optimist Club of Cobourg/Baltimore

Mail to: P.O. Box 731, Cobourg, ON K9A 4R5
Wendy Wotton 905.753.2540

Order of the Eastern Star Centennial Chapter #219

3784 Burnham St. N., Cobourg
Mail to: 3784 St., RR#6 Cobourg, ON,
K9A 4J9
Dorothy Beedham 905.342.5772

Northshore Probus Club

Mail to: P.O. Box 152, Cobourg ON K9A 4K5
Marie Chisholm/Kathy Cole, Co.presidents
905.352.3209

Rotary Club of Cobourg

Best Western Cobourg Inn & Convention Centre
Mail to: P.O. Box 882
Cobourg, ON K9A 4S3
Tom McLean, President
secretary@cobourgrotary.ca

**Royal Canadian Legion Branch #133
Cobourg**

136 Orr Street, Cobourg
Mail to: 136 Orr Street, Cobourg, ON K9A 2S1
Wayne McKinnon, President 905.373.4336.0

St. John's Masonic Lodge #17

20 James Street East, Cobourg
Mail to: 291 King St. W.,
Cobourg, ON, K9A 2N5
Brian Jenkins, Worshipful Master,
905.372.6279

Social Clubs

A

Royal Canadian Air Cadets 598 Squadron
Jim Hulsman
905.372.6352

Ontario Federation of Anglers and Hunters
Francine MacDonald
(705) 748.6324

Antique and Classic Car Club
Rick Morrison
905.349.2272

Northumberland ATV Riders Club:
Mike Ainsworth
northumberlanddistrictatvriders@yahoo.ca

ARCHITECTURAL CONSERVATION:

Local Advisory Committee LACAC
905.372.4301

Architectural Conservancy of Ontario
Malcolm Wardman
905.377.1930

Army Cadets
Corps #88 (Hastings/Prince Edward Regiment)
Kevin
905.355.5192
(416) 369.4179

ARTS:

Pine Ridge Art Association
Stewart Sprague
905.372.3453

Cobourg Art Club
Maureen Mullally
905.372.7214

Art Gallery of Northumberland
Victoria Hall
905.372.0333

B

Cobourg Badminton Club
Diana Barrett
905.342.2620

Brownies/Sparks/Guides/Pathfinders
Kara Graham
905.377.9473

Beavers/Cubs/Scouts

Dave Moore
905.373.4447

Beta Sigma Phi Sororities

Rose Fame
905.373.0247

BASEBALL:

Cobourg Baseball Association
Jessica Barlow
905.344.7453

Cobourg Junior Angels Softball Association
Faye Gaudet
905.372.6949

Cobourg Legion Minor Softball
Rory Quigley
905.372.4064

BASKETBALL:

Lakeshore Adult Basketball League
Paul Allen
905.372.7070

Lakeshore Minor Basketball Association
Tom Mclelwain
905.372.3581

BRIDGE CLUBS:

Cobourg Duplicate Bridge
Heather Miller
905.885.2661

Driftwood Women's Bridge Club
Sharon O'Connor
905.349.3364

C

Carvers Association
Stew Sprague
905.372.9951

Champions for Youth
Melissa Emerson
905.375.4161

CRAFTS:

Northumberland Rug Hookers Association
Liz Brock
905.377.9951

Ruggers (Traditional Rug Hookers)
Betty McKenzie
905.373.4347

Spinners & Weavers
Terry Smith
905.885.8742

Northumberland Hills Stitchery Guild
Catharine Ramsey
905.885.2763

Lakeshore Quilters Guild
Lynda LeBlanc
905.885.5214

Croquet Club Loyalist
Allan McCready
905.885.8360

Curling
Dalewood Golf & Curling Club
905.885.8144

Cycling Club
Louis Cabardos (705) 696.1460

D**DANCING CLUBS:**

Cobourg Clogging Club
Lynn 905.342.2173
Julie 905.372.3974

Pine Ridge Round.Abouts Dance Club
Jean or Eric Constantine
905.349.2573

Lakeshore Waves Square Dancing
Marg Philips
905.372.3206

Sunday Night Dance (Social and Ballroom)
Daphne Dorling
905.885.5370

Ballroom Dancing
Cobourg Legion
John Jarvis
905.373.8305

Dog Sleigh
Jim Cunningham
905.349.3465

Dragon Boat Club
Beth Bellaire
905.372.8879

Survivors Thrivers Dragon Boat
Edith Carr
905.885.5390

E

ENVIRONMENTAL CLUBS:

Cobourg Horticultural Society
Dilys Robertson
905.373.7255

Cobourg Area Environmental Assoc.
Minnie Pennell
905.372.5985

Community Gardens of Northumberland
Linda Gregg
905.372.6311

Willow Beach Field Naturalists
Michael Biggar
905.372.7404

F

FIGURE SKATING CLUBS:

Cobourg Figure Skating Club
Christy Golaz
905.373.7266

Baltimore Figure Skating Club
Karen Gingrich
905.349.3582

Cobourg Fencing Club
Matthew Wyszynski
905.269.6900

Fly Fishing Club
Donald May
905.372.5998

The French Club
Marguerite Graham
905..372.8197

G

Lakeshore Genealogy Society
Ken Ledgard
905.372.6945

GERMAN CLUBS:

German Club
Inge Luedtke
905.372.7562

Klub Treff. German Canadian Club
Walter Luedtke
905.372.7562

Girl Guides
Kara Graham
905.377.9473

Dalewood Golf & Country Club
905.885.8144

GUN CLUBS:

Cobourg Trap and Skeet
Rose Becker
905.372.8170

Northumberland Pistol and Revolver
Gary Niziol
905.372.4732

H

Ganaraska Hiking Trail Assoc./Pine Ridge
Hiking Trail Club
admin@ganaraska.hiking.trail.ca

Pine Ridge Hiking Trail Club
Jackie & Mike Hick
mikeandjackie@sympatico.ca

Cobourg & District Historical Society
Michael Davis
905.377.0413 (Archives)
Cobourg Horticultural Society
Sarah Holland
905..349.3710

Archives – Cobourg Library
905.377.0413

HOCKEY CLUBS:

CCHL Minor
Phil Beatty
905.372.0519

Cobourg Old Timers
Jim Juvenile
905.372.3413

Cobourg Cougars
Mary Giacalone
905.718.5295

Optimist Rollerblade League
Kim Howsen
905.797.2334

Human Resources Association of Ontario
Lakeshore Chapter
Wendy Gibson
905.372.5481

I

The Inner Wheel
Linda Marr
905.375.5509

Italo . Canadian Club
Rose Nivisi.Noseworthy
905.377.1883

L

Lawn Bowling
Donna Longman
905.352.3182

N

Navy League
William Spoddon
905.885.1140

Northumberland County Rider' Club
Catherine Jescke.Colley
905.342.2255

Northumberland Orchestra and Choir
Sheila McCoy
905.372.0515

Northumberland Mall Walker Club
Alexis Smith
905.373.0461

P

Northumberland Photography Club
John Draper
905.372.5839

Pigeon Club
John Fox
905.372.9203

Northshore Probus Club
Bruce Collins
905.373.1224

R

Radio Club
Don May
905.372.5998

Railroaders Club (Models)
Ted Rafuse
905.372.8375

Pine Ridge Radio Controlled Flyers
John Egberts
905.372.9660

Rollerbladers Club (Models)
Ted Rafuse
905.372.8375

Royal Canadian Legion Br. 133
Walter Carr
905.377.0428

Cobourg Saxons Rugby
Don Maillet
905.885.7266

S

Cobourg & District Seniors Activity Centre
Martin Petlock
905.372.5529

Nautilus Club (Scuba Diving)
Terry Bell
905.372.7271

SINGING:

Northumberland Sweet Adeline's International
Chorus
Victoria Meneilley
905.885.5268

Oriana Singers
Anne Burnham
905.372.8263

Musicmakers
Michael Ellis
905.377.1469

La Jeunesse
Janet Leadbeater
905.372.8542

SKI CLUBS:

Northumberland Forest Skiers
Pam Beavan
905.349.3972

Northumberland Nordic Skiers
Jim Daignault
905.373.7038

Great Pine Ridge Snowmobile Association
Wayne Linton
905.352.2213

Soaring Club
Brian Milner
905.372.2967

SOCCER:

Cobourg Minor Soccer Club
905.377.9361

SPECIAL NEEDS CLUBS:

FishAbility Sports Club
Debbie Hillyer
(705) 295.1538
www.fishabilitysports.org

Special Needs Recreation Club
Rhonda Cunningham
905.372.6374

Northumberland Ontario Special Olympics
Sarah Todd
905.372.1370

Woodland Discovery
Hiking/Camping in Provincial Parks for
Developmentally Challenged
Jim and Lisa Daignault
905.373.7038

Cobourg Minor Soccer Club
John Vickers
905.377.9361

Stamp Club
Malcolm Pacey
905.885.2697

SWIMMING CLUBS:

Northumberland Aquatic Club
Eric Kramer
905.376.0645

Family YMCA of Cobourg
905.372.0161

T**TENNIS CLUBS:**

Coverdale Tennis Club
Bette Ireland
905.377.9523

Tennis Club
John McDonald
905.372.1122

Northumberland Toastmasters
Roger Savard
905.373.6081

Cobourg Trap and Skeet
Rosalind Becker
905..372.8170

V**VOLLEYBALL:**

Northumberland Breakers Volleyball Club
Nancy Bruce
905.372.3036

Volksmarchers
Bob Gilpin
905.885.9943

Victorian Operetta Society
Liz Clark
905.885.0543

W**WOMEN'S CLUBS:**

Canadian Federation of University Women
Ruth Evans
905.885.5682

Lakeshore Business & Professional Women's
Club
Margo Harden
905.377.1719

Anchorage Realty Inc.

18 King Street East
Cobourg, ON K9A 1K7
905.377.8787 FAX: 905.377.8989
www.anchoragerealty.org
houses4u@bellnet.ca
Katherine Hardy, Broker of record/Owner
Real estate sales

Real Estate

Century 21/All Pro Realty (1993) Ltd.

365 Westwood Drive, Westwood Plaza
Cobourg, ON K9A 4M5
905.372.3355 FAX: 905.372.4626
1.800.440.7524
c21@eagle.ca
century21.ca/allprorealty
Gary Liboiron, Broker/Owner
Full real estate services

**Cobourg.Port Hope District Real Estate
Board**

1011 Elgin Street West, Unit 23
Cobourg, ON K9A 5J4
905.372.8630 FAX: 905.372.1443
www.boards.nls.ca/Cobourg
districtrealestate@bellnet.ca
Donna Causton, Executive Officer
Real estate multiple listing service

Heritage Estates

728 Westwood Drive
Cobourg, ON K9A 2B8
905.372.3878 FAX: 905.372.8955
jstewart@eagle.ca
James Stewart, Owner
Heritage estate sales

Y

Cobourg Yacht Club
Dave Kerr
905.377.1707

Ken Hockin Real Estate Ltd.

P.O. Box 697, 1040 Division St.
Cobourg, ON K9A 5Y5
905.372.5428 or 905.885.7272
FAX: 905.372.1701
1.866.377.0077
hockin@eagle.ca
www.hockinrealtycobourg.com
Clarke Stephen or Ken Hockin,
Broker & Broker of record
Real estate services

Kirkup Realty Corporation

142 Bay Street
Cobourg, ON K9A 1P4
905.372.7900 FAX: 905.372.1201
Don Kirkup, Broker of Record
Real estate brokers

Northshore Realty Inc.

9317 Danforth Road East (P.O. Box 471)
Cobourg, ON K9A 4L1
905.372.0690 FAX: 905.377.0690
1.888.626.9034
northshorerealty@eagle.ca
www.northshorerealtyinc.com
Debbie Reid, Owner
Real estate services

Pentel Realty Ltd.

541 William Street, Pentel Plaza
Cobourg, ON K9A 3A4
905.372.2211 FAX: 905.373.0623

danbugler@eagle.ca

www.pentelrealty.ca

Dan Bulger, Broker
Real estate & mortgage services

PropertyGuys.com. Northumberland County

R.R. #5

Cobourg, ON K9A 4J8
905.372.2792 FAX: 905.372.2353

kshroeder@propertyguys.com

Kevin Shroeder, Owner/Operator
Real estate consulting for private sale properties

Re/Max Lakeshore Realty Inc.

1011 Elgin Street West
Cobourg, ON K9A 5J4
905.373.7653 FAX: 905.373.4096

www.mls.ca

remax@eagle.ca

Michael Perry, Owner
Full real estate services

Royal LePage Pro Alliance Realty

1111 Elgin Street West
Cobourg, ON K9A 5H7
905.377.8888 FAX: 905.372.4978
1.800.624.5418

cobourg@royalpage.ca

www.royalpage.ca

Mark Rashotte, Broker/Owner
Full real estate services

Tip Top Realty Inc.

244 Division Street
Cobourg, ON K9A 3P8
905.373.1414 FAX: 905.372.1335

Stan Robertson, Gigi Lean, Sales
Representatives

Real estate services

Property Management Companies

Genedco Services Ltd.

15 King Street East
P.O. Box 727

Cobourg, ON K9A 4R5

Property & condominium management & rentals
905.372.4420 FAX: 905.372.4616
1.866.339.8781

Email: genedco@bellnet.ca

Website: www.genedco.com

Contact: Rick Riley, President

Property Management Plus

249 Division Street
Cobourg, ON K9A 3P9
Management of condominiums & apartment
buildings & property inspection
905.372.1089 FAX: 905.372.0276

Email: services@propertyetal.com

Website: www.propertyetal.com

Contact: Everett MacNutt

Delcom Management Inc.

Northam Industrial Park, Building 8, P.O. Box
415, Cobourg, ON, K9A 4L1
905.372.5405 FAX: 905.372.2970
1.888.211.7808

Contact: Sandra Arthur

Diamond Head Industrial Mall Inc.

P.O. Box 265, Cobourg, ON K9A 4K8
905.372.1117 FAX: 905.372.9184

atkco@sympatico.ca

Contact: Gordon Atkinson

Real estate development, industrial &
commercial unit leasing

James H. Burnett Ltd.

P.O. Box 264, Cobourg, ON K9A 4K8
905.372.4396

FAX: 905.372.1373

Contact Jim Burnett

Linmac

1011 Elgin Street West, Suite 20
Cobourg, ON K9A 5J4
905.372.3338
FAX: 905.372.8086
1.877.496.8092
Contact Drew Macklin
Commercial Real Estate, Developer

Sutherland Place Co-operative Homes Inc.

199 Sutherland Crescent
Cobourg ON, K9A 5L9
905. 372.7775
FAX: 905.372.8636
Karenwilson@bellnet.ca
Contact: Karen Wilson

The Help Centre

1005 Elgin St. W
Fleming Building
Cobourg, ON K9A 5J4
Housing Registry

(Available accommodations listed on their bulletin board. No calls taken)

Short Term Accommodations

Two bedroom homes for rent by night, week or month.
Ideal for family vacations, moving or relocating to the area.
905.372.4620
elanger@sympatico.ca
Contact: Kerri Langer
Contact Drew Macklin
Commercial Real Estate, Developer

Apartment Buildings

Apartment Building

89 Anne Street
Cobourg, ON K9A 1G4
6 Units
905.372.6770
Contact: Frederick Holloway

Apartment Building (Adult)

385 Westwood Drive
Cobourg, ON K9A 4M5
9 Units
905.372.6780
Contact: Andre Reyns

Bella Vista

162 Church Street
Cobourg, ON K9A 3V8
8 Units
905.430.8544
Contact: Francesca DePalma

Benart Homes (Townhouses)

886 D'Arcy Street
Cobourg, ON K9A 4B3
132 Units

905.372.9591
Contact: Mr. Jillings

Burnett Apartments

466 George Street
Cobourg, ON K9A 3M8
6 Units
905.372.4396
Owner: James Burnett

Burnett Apartments

106 Orange Street
Cobourg, ON K9A 2L3
6 Units
905.372.4396
Owner: James Burnett

Apartment Building

494 Elgin Street
Cobourg, ON K9A 4T6
26 Units
905.372.4420
Contact: Genedco Services Ltd.

Burnett Apartments
144 King Street West
Cobourg, ON K9A 2M5
8 Units
905.372.4396
Owner: James Burnett

Burnett Apartments
245.247 Division Street
Cobourg, ON K9A 3P9
5 Units
905.372.4396
Owner: James Burnett

Burnett Apartments
37 King Street East
Cobourg, ON K9A 1K6
8 Units
905.372.4396
Owner: James Burnett

Burnett Apartments
24 James Street West
Cobourg, ON K9A 2J9
12 Units
905.372.4396
Owner: James Burnett

Burnham Street Apartments
980 Burnham Street
Cobourg, ON K9A 4T7
23 Units
905.372.9429
Contact: Terri Ross

Falcon Tower Apartments (Adult)
201 Ontario Street South
Cobourg, ON K9A 3B7
36 Units

Hatfield Hall Apartments
202 Green Street
Cobourg, ON K9A 3W7
13 Units
1.866.840.2788
chenlinda@rogers.com
Contact: Lina

Heritage Estates (Luxury Condominiums)
352 Ball Street
Cobourg, ON K9A
24 Units (5 rentals)
905.372.9833
Contact: Jim Stewart

International Apartments
36 Park Street
Cobourg, ON K9A 2C9
23 Units
905.372.9860

James Street Apartments
50 James Street East
Cobourg, ON K9A 1H1

King Apartments
215 King Street East
Cobourg, ON K9A 1L7
27 Units
905.372.6336
Owner: Mr. DePalma

La Bianca (Adult)
230 King St. E.
Cobourg, ON K9A 1L6
25 Units
905.372.5656
Contact: Michael March

La Contessa
222 Queen Street
Cobourg, ON K9A 1N5
24 Units
905.372.4420
Contact: Genedco Services Ltd.

Manor Tower Apartments
47 Munroe Street
Cobourg, ON K9A 1G3
51 Units
Contact: Sebastian & Antoinette Accardi

Mapleview Apartments
344 Ball Street
Cobourg, ON K9A 3J2
6 Units
905.885.9702
Contact: Phil Taylor

North'd County Housing Authority
860 William Street, Lower Level
Cobourg, ON K9A 4W4
905.372.3329
Contact: Lesley Thomson

Park Lane Condominiums
242 D'Arcy Street
Cobourg, ON K9A 4A3
11 Units
905.372.4420
Contact: Genedco Services Ltd.

Park Place

133 Ontario Street
Cobourg, ON K9A 3B4
Contact: Gail Sawicki

Park Tower Apartments

261 King Street West
Cobourg, ON K9A 3B7
25 Units
905.355.3597
Contact: Warren & Brenda Cochrane

Park ViewPlace (Adult)

860 Rogers Road.
Cobourg, ON K9A 5H6
40 Units
905.372.9833
Contact: Jim Stewart

Parkwood Manor

61 King Street East
Cobourg, ON K9A 1K8
1067497 Ontario Ltd.

Perry Street Apts.

118 Perry Street
Cobourg, ON K9A 1N7
20 Units

Roma Apartments

181 King Street East
Cobourg, ON K9A 1L4
30 Units
905.372.6336
Owner: Mr. DePalma

Rosamond Condominiums

Corner of King Street & D'Arcy Street
Cobourg, ON 60 Units
905.372.1089
Contact: Property Management Plus

Royal Apartments (Adult)

437 John Street
Cobourg, ON K9A 3T7
22 Units
905.372.6336
Owner: Mr. DePalma

Spencer Street Apartments

45 Spencer Street East
Cobourg, ON K9A 3N1
9 Units
905.372.6247
Owner: Mr. Gary Blakely

Sutherland Place Co.Operative Homes Inc.

199.A Sutherland Crescent
905.372.7775

The Depalma (Adult)

217 King Street West
Cobourg, ON K9A 2N2
17 Units
905.372.6336
Owner: Mr. DePalma

Tremaine Street Apartments

118 Tremaine Street
Cobourg, ON K9A 2Z3
4 Units
905.377.8978
Contact: Wayne Hodgson

Trillium Apartments (Adult)

434 William Street
Cobourg, ON K9A 4X7
(Top floor – Adults)
68 Units
905.372.9872
Contact: Bob Vermeiren

Vidmar Apartments

62 Spencer Street East
Cobourg, ON K9A 1C2
29 Units
Contact: Sebastian & Antoinette Accardi

Villa Maria

235 King Street East
Cobourg, ON K9A 1L7
12 Units
905.372.6336
Owner: Mr. DePalma

Westwood Condomiums (Townhouses)

400 Westwood Drive
Cobourg, ON
54 Units (Some rented some owner occupied)
905.372.4420
Contact: Pat Sanderson, Property Mgr.
Genedco Services Ltd.

Westwood Gardens (Apartments)

360 Westwood Drive
Cobourg, ON K9A 2B6
47 Units
905.377.8978
Contact: Wayne Hodgson

Retirement/Senior Residences

Cobourg Retirement Residence (Seniors)

310 Division St.
Cobourg ON K9A 3R3
46 Units
905.372.7732 FAX: 905.372.8359
Contact: Michelle Hickey, Interim Administrator

Halycon Place (Independent Lifestyle)

580 Court House Road
Cobourg, ON
40 Units (6- 2 bedroom & 34 -1 bedroom)
Subsidized and non.subsidized
905.373.1366
Contact: Gerry Meredith

Legion Village

111 Hibernia St
Cobourg ON K9A 4Y7
199 Units: 125 Phase I (independent living), 42
Phase II, 32 Phase II
905.372.8705 FAX: 905.373.0844
Chyvone Samis, Administrative Assistant

Palisade Gardens

240 Chapel Street
Cobourg, ON K9A 0E3
905.372.1150 FAX: 905.372.1157

palisadegardens@bellnet.ca
www.palisadegardens.ca
Micki McLean, General Manager

Rosewood Estates

255 Densmore Road
Cobourg ON K9A OE5
905.373.5000
1.800.787.0614
www.seniorlivinginstyle.com

St. Peter's Court (Seniors)

135 Chapel St.
Mail to: P.O. Box 224
Cobourg ON K9A 4K5
64 Units (52 bachelor & 12 – 1 bedroom)
905.372.1572
Contact: Brenda Cochrane, Administrator

Victoria Retirement Living (Seniors)

100 University Ave. E
Cobourg ON K9A 1C8
46 Units
905.377.1555
Contact: Judy Grimshaw, General Manager

Windemere Place (Seniors)

330 King St. E.
Cobourg ON K9A 4X5
71 Units
905.372.3329
Northumberland County

Churches

ANGLICAN

St. Peter's Anglican Church

240 College Street, Cobourg.
905.372.3442

info@stpeterscobourg.org
www.stpeterscobourg.ca

BAPTIST

Calvary Baptist Church

166 King Street West, Cobourg.
905.372.9534

cbchurch@eagle.ca

Fellowship Baptist Church

469 Elgin Street West, Cobourg.
905.372.8732

BUDDHIST

The Buddhist Place

Peterborough, ON
705.876.0859

www.buddhistplace.ca

*30 Minutes from Downtown Cobourg

CHRISTIAN & MISSIONARY ALLIANCE

Cobourg Alliance Church

1333 Ontario Street, Cobourg.

905.372.2311

info@cobourgsalliance.com

CHRISTIAN REFORMED

Christian Reformed Church

440 King Street East, Cobourg.

905.372.3642

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Church of Jesus Christ of Latter Day Saints

R. R. # 4 Cobourg.

Danforth Rd. (off Burnham)

905.372.5523

HINDU

Devi Mandir Temple

2590 Brock Road

Pickering, ON L1V 2P8

905.686.8534

*60 Minutes from Downtown Cobourg

ISLAMIC

Oshawa Islamic Centre

26 McGrigor Street

Oshawa, ON L1H 1X7

905.436.9310

www.oshawamosque.com

* 40 Minutes from Downtown
Cobourg

Jaamiah Aluluoom Alislamiyah

2944 Audley Road

Ajax, ON L1S 4S7

905.686.4003

*55 Minutes from Downtown
Cobourg

JEHOVAH'S WITNESSES

Kingdom Hall of Jehovah Witnesses

7658 Telephone Rd., Cobourg.

905.372.5671

LUTHERAN

St. Paul's Lutheran Church

388 William Street, Cobourg.

905.372.8110

NON DENOMINATIONAL

Living Well Family Church

Meets at the Cobourg Public Library

Rotary Room

200 Ontario Street, Cobourg

905.372.2800

info@livingwellfc.org

www.livingwellfc.org

PENTECOSTAL ASSEMBLIES OF CANADA

Church On The Hill

594 Court House Road, Cobourg.

905.372.7342

office@churchonthehillonline.com

PRESBYTERIAN

St. Andrews Presbyterian Church

200 King Street West, Cobourg.

905.372.7411

ROMAN CATHOLIC

St. Michael's Catholic Church

379 Division Street, Cobourg.

905.372.6844

stmikes@eagle.ca

www.saintmichaelschurch.thebargainstudies.com

SALVATION ARMY

Salvation Army Community Church

59 Ballantine, Cobourg.

905.372.3832

cobourgsalvationarmy@bellnet.ca

SEVENTH DAY ADVENTIST

Seventh Day Adventist Church

440 King Street East

905.797.1021

UNITED CHURCHES

Trinity United Church

15 Chapel Street, Cobourg.

905.372.7911

trinityuc@eagle.ca

Employment

For employment opportunities within the Town of Cobourg, you may wish to review Human Resource Development Canada's job bank website. Employment opportunities for our area can be found at www.servicecanada.ca. Other employment service agencies include the following:

For employment opportunities within the Town of Cobourg, you may wish to review Human Resource Development Canada's job bank website.

Employment service agencies include the following:

**Business Advisory Centre .
Northumberland**

212 King Street West
Cobourg, ON K9A 2N1
905.372.9279 FAX: 905.372.1306

bizhelp@cobourg.on.ca
www.bizdevelopment.ca

Starting a small business advice & counseling

CERP – Community Employment Resource partnership

www.communityerp.ca

This website is a group of employment service providers who are ready and able to help meet your recruitment needs. This partnership includes agencies located in the County of Northumberland, the City and County of Peterborough, the City of Kawartha Lakes and the County of Haliburton.

Cobourg Public Library

200 Ontario Street
Cobourg, ON K9A 5P4
905.372.9271 FAX: 905.372.4538

info@cobourg.library.on.ca
www.cobourg.library.on.ca

Charmaine Lindsey, CEO
Library & information services, internet access, local history & genealogy, meeting room rentals & children's programs.

Community Employment Resource Center

1005 Elgin Street, Suite 103.A
Cobourg, ON K9A 5J4
905.372.9372
905.372.5247 FAX

cobcerc@cercnorthumberland.com

Help Centre of Northumberland

1005 Elgin Street West, Suite 301
Cobourg, ON K9A 5J4
905.372.2646 FAX: 905.372.2205
1.888.698.3382

mariyanne@thehelpcentre.ca

www.thehelpcentre.ca

Maryanne Rowlands, Managing Director
Aid in searches for employment (cover letters, resumes, skills), money management (taxes, forms, loans, etc.), computer skills (training & access), & offer feasible homeless initiatives, & community training

infoNORTHUMBERLAND . A program of Northumberland United Way

1005 Elgin Street West, Suite 203
Cobourg, ON K9A 5J4
905.372.8913 FAX: 905.372.4417
1.800.396.6626

northumberland@fourinfo.com

www.fourinfo.com

Terry Dudek, Information Coordinator
Local information and referral service & volunteer center

IS2

1040 Division Street, Suite 6
Cobourg ON K9A 5Y5
905.372.3738
905.372.3718 FAX

cobourg@is2.ca

Qualified Personnel Solutions

257 Division Street, Suite 102

Cobourg, ON K9A 3P9

905.373.4400

905.373.4401 FAX

www.qpspersonnel.ca

resumes@qpSCANADA.COM

Heidi Reid, Owner

Full service employment agency, temporary
and permanent to hire

Service Canada

1005 Elgin Street, Suite 103

Cobourg, ON K9A 5J4

905.372.1277 FAX

www.jobbank.gc.ca

Services for Canadians

Staffing Connection

245 Division Street

Cobourg ON K9A 3P8

905.377.1611

905.377.0495 FAX

resumes@staffingconnection.ca

Watton Employment Services Inc.

9 Elgin Street East

Cobourg, ON K9A 0A4

905.372.1901 FAX: 905.372.7790

1.888.348.8854

greg@watton.ca

www.watton.ca

Greg Watton, Director

Vocational rehabilitation, assessment &
employment assistance.

Parks, recreation and entertainment

The Cobourg Community Centre (CCC)

is a 142,000 square foot complex designed as a multi. use cultural, arts, wellness, business, fitness and sports centre. The Centre includes a welcoming Grand Hall area . 'a community living room' complete with fireplace, comfortable seating and cafe (opening soon) . a place to meet old friends and make new ones; a sports and performance hall; four multi.purpose rooms; Senior Centre; Youth Centre; child minding room; indoor walking / running track; one 2000+ seat arena bowl with NHL size ice surface, digital scoreboard, press box and radiant under.floor heating (with concert seating for up to 4,000); one 400.seat practice arena; a mini.stick play area and more. Your new Cobourg Community Centre is a place for everyone to play, learn, connect and enjoy.

The Family Y

has a number of facilities including an indoor pool, squash court, gym, weight room, whirlpool and sauna.

The Town of Cobourg also has three outdoor skating rinks, one outdoor swimming pool, eleven parks, six tennis courts, thirteen baseball diamonds and five soccer fields. You can also enjoy the beautiful Cobourg Beach, one of the finest on Lake Ontario, with a one mile lighted promenade easily accessible for the handicapped, attracting hundreds of visitors annually.

POOLS

Centennial Pool. Branch of YMCA

Northumberland
42 Charles Street
905.372.3942
Tracy Adams, Aquatic Coordinator

Cobourg YMCA. Branch of YMCA

Northumberland
339 Elgin Street West
905.372.0161
Eunice Kirkpatrick, CEO

Health, fitness & recreation programs & services, child care, day camping, international development & education

Flynn Flannigan, Parks Superintendent

905.372.8641

Name of Park	Location	Acres	Description
Minnie Pennell Arboretum	Elgin	0.5	Trees, Passive
Burnham Manor Park	South of Burnham Manor Ct.	2.0	Passive
Chris Garrett Park	Birchwood Trail	6.0	Passive, Memorial
Conservation Land	Elgin Street		Trails, Passive
Coronation Park	Coronation Crescent	2.0	Passive
Coverdale Park	West side of Coverdale	7.5	Washrooms, 3 tennis courts, lights, ball diamond, & playground
Donegan Park	East side of D'Arcy Street	17.5	Soccer field, Lights, 4 Baseball diamonds, large baseball diamond with lights, washrooms, playground, Skateboard Park; Canteen
Fitzhugh Park	South side of Delanty Road	2.0	Basketball court & playground
Fitzhugh Shores Park	South of East House Crescent	0.8	Access to Lake
James Cockburn Park	East side of William Street	30.0	Passive
James J. Tracey Park	East side of Walton, north of Munroe	5.0	Softball diamonds & playground
Jubilee Park	William / Burnham / Elgin	0.5	Passive
Legion Fields	650 D'Arcy	6.0	3 softball diamonds, washrooms, canteen
Lionel Tut Gutteridge Memorial Park	Stuart Street	0.8	Playground
Lions Park	D'Arcy Street	17.3	4 Soccer fields
Look.Out Point Park	Coverdale Avenue	0.25	Passive
Lucas Point Park	Willmott Street	22.5	Walking trail – Natural area
Monks Cove Park	Monk Street	0.7	Shoreline park – Passive
Morley Cane Park	Ballantine Street	4.27	Baseball diamond & playground
Optimist Park	Meredith Crescent	0.5	Playground
New Amherst Park	New Amherst Blvd.	.29	Passive
New Amherst Parkette	Caddy Drive	.82	Passive
Peace Park	Forth Street	5.0	Playground
Rotary Fields	William Street	8.7	3 Soccer pitches
Rotary Waterfront Park	Albert Street	2.4	Passive, Waterfront
Sinclair Park	Sinclair Street	7.0	2 Softball diamonds, washrooms, 3 tennis courts, & lights
Tracey Parkette	King Street West	.50	Passive, Access to lake
Victoria Park	South of Queen Street	22.0	Picnic Areas; Pavilion; Bandshell; Public washrooms; Canteen; Basketball court; Playground area; Public sandy beach; Walking trail; Splash pad, & Flower clock
Westpark Village	Prince of Wales Drive	.6	Passive
Westwood Park	South of Carlisle	7.5	Soccer fields, playground, & baseball diamond

Other Recreational & Entertainment Facilities

Art Gallery of Northumberland

55 King Street West
Cobourg ON K9A 2M2
Dorette Carter Director/Curator
agn@eagle.ca
www.artgalleryofnorthumberland.com
905.372.0333 FAX: 905.372.1587
Art gallery & exhibition centre

Black Ink Lifestyle Consulting

723 Munson Crescent
Cobourg, ON K9A 5N9
blackinkconsulting@gmail.com
Corey Black, Lifestyle Consultant
Nutritional coaching, personal and athlete
specific training, and family consultations.

Body Scape Personal Fitness

88 East House Cr.,
Cobourg ON K9A 5K3
Chris DeGenova Owner
www.bodyscapetransitions.com
289.251.2687
One on one personal training. Helping
you to sculpt your future.

Cobourg Arena

206 Furnace Street
Cobourg ON K9A 2G1
Harry Jeschke Manager
arena@cobourg.ca
www.cobourg.ca/home.
905.372.7371 FAX: 905.372.7421
Memorial Arena (Pad 1) and Jack Heenan
Arena (Pad 2)

Cobourg Community Centre

750 D'Arcy Street
Cobourg, ON K9A 0G1
905.375.7371
FAX: 905.372.1985
Harry Jeschke, Manager
info@ccc.cobourg.ca
142,000 square foot complex designed as a
multi-use cultural, arts, wellness, business,
fitness and sports centre

Cobourg Bingo Country North

884 Division Street, Suite 206
Cobourg, ON K9A 5V6
905.372.5427 FAX: 905.372.5714
Allan Simpson, Manager
Bingo hall & canteen services

Cobourg Centennial Pool

145 Charles Street
Cobourg, ON K9A 3T9
905.372.3942 FAX: 905.372.0807
Tracy Adams, Aquatic Director
Swimming pool

Cobourg Creek Golf Course

990 Ontario St Cobourg ON K9A 3C7
Bill Vronsky General Manager
info@themillincobourg.com
www.themillincobourg.com
905.373.4444 FAX: 905.377.8325
Public golf course

Cobourg YMCA. Branch of YMCA

339 Elgin Street West
Cobourg, ON K9A 4X5
905.372.0161 FAX: 905.372.0807
Eunice Kirkpatrick, CEO
Health, fitness & recreation programs &
services, child care, day camping, international
development & education

Cobourg Marina

103 Third Street Cobourg ON K9A 3L5
Phil Fardella Manager
pfardella@cobourg.ca
www.cobourg.ca
905.372.2397
Full service marina

Cobourg Tae Kwon Do Academy

271 Spring Street
Cobourg, ON K9A 3K3
905.373.0032 FAX: 905.373.0032
sirfild@hotmail.com
www.cobourgtaeqwondo.ca
Jonathan Fild, Manager
Tae Kwon Do school

Curves For Women

884 Division Street, Unit 201
Cobourg, ON K9A 5V6
905.372.7770 FAX: 905.372.2227
Susan Lyon, Owner
Aerobics & fitness for women

Elite Martial Arts

609 William Street
Cobourg, ON K9A 3A6
905.373.2686
www.elitemartialcentre.ca
knuckles@eagle.ca
Glen & Barbara Marion, Owners
Martial Arts Studio specializes in Olympic style
Tae Kwon Do with both competitive and
recreational programs

Fusion Wellness Studio

316 King Street West
Cobourg, ON K9A 5R8
905.376.8412
www.fusionwellness.ca
Helen McCrea, Owner

Goodlife Fitness Club

1111 Elgin Street West, Northumberland Mall
Cobourg ON K9A 5H7
Alisha Bell General Manager
cobourg@goodlifefitness.com
www.goodlifefitness.com
905.372.9794 FAX: 905.372.3927
Fitness club

High Points Dance Academy

450 Cambell St, Unit 8
Cobourg ON K9A 4C4
Brandy Harmer.Kelly Owner
highpointesdanceacademy@yahoo.ca
905.377.8029
offer classes in Jazz, Tap, Ballet, Lyrical,
Pointe, Modern, Hip Hop, Musical Theatre,
Creative Movement, Stretch and Strength.
.recreational and competitive .ballet exams
available

Hometown Bingo Cobourg

884 Division St Suite 206
Cobourg ON K9A 5V6
Allan Simpson Manager
kimcaller@yahoo.ca
905.372.5427 FAX: 905.372.5714 .
Bingo hall & canteen services, lottery
center

George's Guitars & Music

62 Swayne Street
Cobourg , ON K9A 1K5
905.373.1991
1.888.389.3337
905.373.1992
www.georgesguitars.com
gguitars@bellnet.ca
George Lee, Owner
Music School with lesson in piano, guitar, voice,
bass, drums, violin, mandolin, sax, trumpet,
flute, banjo and ukulele. Sells musical
instruments; sales, service, and rentals.

Gigs Music

1040 Division Street
Cobourg, ON K9A 5Y5
905.377.1551
1.866.874.3741
905.377.0990
www.gigsmusic.ca
info@gigsmusic.ca
Rob Bernardi, Owner
Gigs Music sells guitars, musical instruments
and offers music lessons.

Glass Garden, The

125 Abbott Blvd Cobourg ON K9A 4E5
Kitty Munro Owner
kitty@glassgarden.ca
www.glassgarden.ca
905.373.4822
Stained glass studio open Tuesdays till
Saturdays. Provides supplies, tools, glass, kiln
fired painting on glass items, fussed items,
jewelry, equipment and finished gift items.

Heaven on Earth Spa & Wellness Centre Inc.

89 King Street West
Cobourg , ON K9A 2M4
905.372.0557
1.866.372.0557
905.372.5965
www.heavenonearth.ca
Alisha Maguire, Manager, Spa Director
Full service spa offering massage therapy,
esthetics, hydrotherapy

J & V Magical Productions

257 Sinclair Street
Cobourg, ON K9A 2Y3
905.372.6292

jvmagical@yahoo.ca

Victor Baitley, Owner
Stage magic shows

Magic Theatre Productions

1011 Elgin Street West
Cobourg, ON K9A 5J4
905.372.0355 FAX: 905.372.8098
1.800.419.7383

magic@eagle.ca

www.eagle.ca/magictheatre

Mario Albert, Owner
Theatre production

North Shore Lanes

1111 Elgin Street West, Northumberland Mall
Cobourg ON K9A 5H7
Robert Munday Manager
robertmunday2is@hotmail.com
www.bowlingforproprietors.ca
905.372.3711 FAX: 905.372.2250
Bowling lanes & pool tables & arcade

Northumberland Entertainers

6 St. Lawrence Place
Cobourg ON K9A 4G8
David Lebel Band Manager
summerhouse4@hotmail.com
905.373.4048
Entertainment . Rock Band

Northumberland Gymnastics Centre

1040 Division Street North, Unit 16 Cobourg
ON K9A 5Y5
Erika Osborne Owner
northumberlandgymnastics@hotmail.com
www.northumberlandgymnastics.com
905.372.0829
Gymnastics Centre offering boys and girls recreational, advanced, and teen recreational classes, seniors program, birthday parties and seasonal camps. Also offering competitive classes.

Northumberland Mall, Theaters

1111 Elgin Street West, Northumberland Mall
Cobourg, ON K9A 5H7
905.373.4220 FAX: 905.373.4221
Movie Listings: 905.373.4218
Avril Lowes, Manager
Movie theatre

Northumberland Players

213 Second St Cobourg ON K9A 3N7
Patti Ryan Office Manager
players@eagle.ca
www.northumberlandplayers.com
905.372.0577 FAX: 905.372.3662
1.888.811.0003
Community theatre company. producing 7 comedy/drama/musical productions each year as well as a year round youth theatre program.

Oddballs Billiards & Bar

1 King Street East, 2nd Floor
Cobourg, ON K9A 1K6
905.372.4141 FAX: 905.372.4554
Larry Roocroft, Owner
Billiard room & bar

Park Playhouse and Performing Arts Centre

60 King St East Cobourg ON K9A 1K9
Rocky Varcoe Owner
info@parkplayhouse.ca
www.parkplayhouse.ca
905.377.9595 FAX: 905.377.9099
1.866.923.9805
Live Theatre

Premiere Dance & Theatre Arts Academy

726 Ontario Street, Unit 2
Cobourg , ON K9A 5E7
905.377.0711
www.premierdancetheatre.ca
premierdancetheatre@bellnet.ca
Cindy, Karen Dickson, Beylea
Director, Artistic Director
All ages: Ballet, modern, lyrical, acro, tap, jazz, hip hop, musical theatre, ballroom, vocals, competitive troupe, examinations, yoga, workshopes, fun summer camps for beginners & ballet and jazz intensives for experienced dance

Shelter Valley Productions

10831 Highway 2
Grafton, ON K0k 2G0
info@shelteryvalley.com
www.shelteryvalley.com
Aengus Finnan, Owner
Artist management, record company, touring & promotion

Serenity Day Spa

20 Strathy Road
Cobourg, ON K9A 5J7
905.372.5412 FAX: 905.372.6859
www.serenitycobourg.ca
Wanda Miller, Owner
Day spa specializing in esthetics and massage

Shimmy Bellydance

35 King Street West
Cobourg, ON K9A 2M1
905.373.2512
www.shimmydance.ca
kavitashimmy@yahoo.ca
Kari Peters, Owner
Bellydance classes for adults and youth, ages 3 and up. Also offering yoga classes and art projects with children and adults.

Steps Ahead Dance Centre

Mail to: P.O. Box 175
Baltimore, ON K0K 1C0
905.377.8913
Karen Delyea, Coordinator
Dance classes for children 3 yrs. up to adult, ballet, modern jazz & tap, ballroom, latin & swing, musical theatre, hip hop, competitions, examinations, dance therapy

Total Body Fitness

822 Battell Court
Cobourg, ON K9A 5R7
905.373.9042
totalbodyfit@hotmail.com
Sharon Burke, Owner
Personal Training

Victoria Hall Concert Hall

55 King St West Cobourg ON K9A 2M2
Beth Hunt Facilitator
concerthall@cobourg.ca
www.concerthallatvictoriahall.com
905.372.2210 FAX: 905.372.0781
Cultural centre, live concerts, meeting & reception facilities, box office service

Hospitals

Northumberland Hills Hospital

1000 DePalma Drive
Cobourg, ON K9A 5W6
905.372.6811
FAX: 905.372.4243
info@nhh.ca
www.nhh.ca
Elizabeth Vosburg, Head of Human Resources
Hospital & health care services

Other Institutional Health & Social Services

Golden Plough Lodge

983 Burnham Street
Cobourg, ON K9A 5J6
905.372.8759
FAX: 905.372.8525
www.northumberlandcounty.ca
Calare Biggs, Acting Administrator
Long term care facility

Christian Horizons House 1

352 George Street
Cobourg, ON
905.372.7739 FAX: 905.372.6403
Cobourg1@christian.horizons.org
www.christian.horizons.org
Miriam Racinsky, Program Manager
Serving adults with developmental challenges

Christian Horizons House 2

700 Burnham Street, Cobourg, ON K9A 4X4
905.377.1701
FAX: 905.372.1136
www.christian.horizons.org
Diane Rodd, Program Manager
Serves individuals with developmental
handicaps

Christian Horizons House 3

5 Maplewood Boulevard
Cobourg, ON K9A 4J4
905.372.2603
FAX: 905.372.5537
www.christian.horizons.org
Miriam Racinsky, Program Manager
Care for physical & developmental disabilities

Christian Horizon House 5

790 Ontario Street
Cobourg, ON K9A 3C5
905.372.1374
FAX: 905.372.6450
Sherrie Brown, Christine Sills, Program
Manager,
Care for physical & developmental challenges &
residential group home

Christian Horizons House 6

11 Parkwood Drive
Cobourg, ON K9A 4H9
905.372.0853
FAX: 905.372.6491
cobourg6@christian.horizon.org
www.christian.horizons.org
Christine Sils, Program Manager
Home for developmentally challenged adults

Cobourg Retirement Residence

310 Division Street
Cobourg, ON K9A 3R3
905.372.7732
FAX: 905.372.8359
cobourgretirement@chartwellreit.ca
www.chartwellreit.ca
Nancy Smith, Community Relations Manager
Retirement residence

Branch 133, Legion Village, Inc.

111 Hibernia Street
Cobourg, ON K9A 4Y7
905.372.8705
FAX: 905.373.0844
legionvillage@on.aibn.com
Chyvone Samis, Administrative Assistant
Supportive housing

Victoria Retirement Living

100 University Avenue East
Cobourg, ON K9A 1C8
905.377.1555
FAX: 905.377.1558
victoriaretirement@bellnet.ca
www.rollinshousing.com
Judy Grimshaw, General Manager
Retirement residence

Streamway Villa Long.term Care Residence

19 James Street West
Cobourg, ON K9A 2J8
905.372.0163
FAX: 905.372.0581
robinholland@omni.way.com
www.omni.way.com
Robin Holland, Administrator
Nursing home

St. Peter's Court Apartments

135 Chapel Street, P.O. Box 224
Cobourg, ON K9A 4K5
905.372.1572
Brenda Cochrane, Administrator
Retirement residence

**Extencicare Cobourg and
The Landmark Assisted Living**

130 New Densmore Road
Cobourg, ON K9A 5W2
905.372.0377
FAX: 905.372.0477
landmark@extencicare.com
www.extencicare.com
Lynda Davlut, Administrator
Long term care centre and assisted living

Palisade Gardens Retirement Residence

249 Chapel Street
Cobourg, ON K9A 1J8
905.372.1150
Fax: 905.372.1157
www.palisadegardens.ca
palisadegardens@bellnet.ca
Brenda Thompson, Office Manager
Retirement Residence

Non-Institutional Health Services

Community Care Northumberland Cobourg Office

1005 Elgin Street West, Suite 304 Cobourg,
ON K9A 5J4
905.372.7356
FAX: 905.372.3898
cobourg@commcare.ca
www.commcare.ca
Sherri Birney, Coordinator
Services for the elderly and disabled

Five Counties Children's Centre

Northam Industrial Park, 700 D'Arcy Street, Unit
3
Cobourg, ON K9A 5T3
905.377.0192
FAX: 905.377.9491
info@fivecounties.on.ca
www.fivecounties.on.ca
Valerie Vickers, Coordinator
Outpatient treatment centre for special needs
children

NHH Lakeshore Community Mental Health Services

975 Elgin Street West, Victoria Place Plaza
Cobourg, ON K9A 5J3
905.377.9891
FAX: 905.377.9895
Dr. Illya Roumeliotis, Director

Non-Institutional Social Services

Genesis Bereavement Resource Centre

30 King Street East
Cobourg, ON K9A 1K7
905.372.3648
FAX: 905.372.5252
genesis@accel.net
www.genesis.resources.com
John Saynor, Program Manager
Individual bereavement counseling,

Children's Aid Society of Northumberland

1005 Burnham Street
Cobourg, ON K9A 5J6
905.372.1821
FAX: 905.372.5284
casn@eagle.ca
Rosaleen Culter, Executive Director
Adoption & child protection

Cobourg Day Care Inc.

325 Alexander Drive
Cobourg, ON K9A 5B2
905.372.9507 FAX: 905.372.7710
cobourgd daycare@on.aibn.com
www.cobourgd daycare.ca
Jodi Conyers, Executive Director
Child care

Watton Employment Services Inc.

9 Elgin Street
Cobourg, ON K9A 0A1
905.372.1901 FAX: 905.372.7790
greg@watton.ca
www.watton.ca
Greg Watton, Director
Vocational rehabilitation, assessment &
employment assistance

Kinark Child & Family Services

20 Strathy Road, Unit 3
Cobourg, ON K9A 5J7
905.372.4361 FAX: 905.373.1382
www.kinark.on.ca
Alan Valillee, Director
Children's mental health centre

Junior Set Nursery School

326 Ball Street
Cobourg, ON K9A 3J2
905.372.3756 or home:905.372.8202
Sue Jansma & Janice Glinski, Co.Owners
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half day programs.

Cook's Home Child Care Agency

172 Queen Street East
Cobourg, ON K9A 5P6
905.372.5926 FAX: 905.372.2441
gizmo@eagle.ca
Lynn Stubbings, Executive Director
Child care (centre based and home based care)
from 3 weeks to 12 years of age.

Beginnings Pregnancy Care Centre

150 King Street West
Cobourg, ON K9A 2M5
905.373.4575
beginnings@eagle.ca
www.beginnings.ca
Free pregnancy tests, prenatal classes, support
services, labor support & post abortion
counseling.

Rebound Child & Youth Services**Northumberland**

Northam Industrial Park, 700 D'Arcy Street, Unit
20
Cobourg, ON K9A 5T3
905.372.0007 FAX: 905.372.0070
rebound@rcys.ca
www.rcys.ca
Nicola Crow, Executive Director
Programming for youth & families to effect social
& behavioral change and educational support

Northumberland Services For Women

P.O. Box 935
Cobourg, ON K9A 4W4
905.372.7056 FAX: 905.373.4800
nsw.ljanzen@cogeco.ca
www.nsfw.ca
Linda Janzen, Executive Director
Provides a safe, secure shelter for women and
their children

Sandra Webb Counselling

21 B King Street West
Cobourg, ON K9A 1K6
905.377.1912 FAX: 905.377.1808
sandrawebb@bellnet.ca
www.sandrawebbcounselling.com
Sandra Webb, Owner
Counseling, play therapy, domestic &
international adoption as well as sand play
therapy

VON Northumberland Adult Day Centre, The

271 Spring Street
Cobourg, ON K9A 3K3
905.377.8659 FAX: 905.377.8828
adtdayct@eagle.ca
Fay Dehoe, Program Manager
Care giver support & recreational programs

Absolute Therapeutics

541 William Street
Cobourg, ON K9A 3A4
905.372.9200 FAX: 905.372. 9207
www.absolutetherapeutics.ca
Tracey Osborne, Owner
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Offices of Physicians, Surgeons & dentists, Private Practice

Dr. Irwin

11 Charles Street
Cobourg, ON
K9A 2T4
905.372.3212 FAX: 905.372.9439
irwindental@eagle.ca
William Irwin, Dentist
Dental office

Dr. Naresh Kumar

1005 Elgin Street West, Suite 104
Cobourg, ON K9A 5J4
905.373.0900 FAX: 905.373.0902
Naresh Kumar, Physician
Internist & cardiologist

Cobourg Health Centre

316 King Street East
Cobourg, ON K9A 5G6
905.3731280
Drs. Essak, Kwok, Lang, Cheung, Stratford and
Dahle
General practice medical clinic

Cobourg Medical Centre

1060 Burnham Street, Unit 5, Gateway Plaza
Cobourg, ON K9A 5V9
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Physicians and Family practitioners

Dr. Narine**Dentistry Professional Corp.**

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Cobourg, ON K9A 1M8
905.372.2753 FAX: 905.372.8928
Dr. Dave Narine, Dentist
Dental office

Dr. Simic & Associates

471 Division Street
Cobourg, ON K9A 3S1
905.372.0168 FAX: 905.372.7744
friendlydentistry@on.aibn.com
Drs. Andrew Simic & Elena Mihai, Dentists
Dental office

Dr. Biggar

10 Albert Street
Cobourg, ON K9A 2P6
905.372.6616 FAX: 905.372.9678
Michael Biggar, Orthodontist

Dr. Earl Shuman

17 Queen Street
Cobourg, ON K9A 1M8
905.372.4196
Krista Shuman, Officer Manager
Dental office

Spring Street Dental

261 Spring Street
Cobourg, ON K9A 3K3
905.372.3032 FAX: 905.372.3003
Norajane
Dental Office

Dr. Webster

316 King Street East, Suite 106
Cobourg, ON K9A 5R8
905.377.9925 FAX: 905.377.9926
Family physicians

Cobourg Clinic

44 University Avenue East, P.O. Box 86
Cobourg, ON K9A 4K4
905.372.3323 FAX: 905.372.3692
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Dusen, Bayer
General practice

Drs. M. Jokay & Fenton

1005 Elgin Street West, Suite 201A
Cobourg, ON K9A 5J4
905.377.9600 FAX: 905.377.9511
Drs. Martin Jokay & Fenton
Oral & Maxillofacial surgery

Dr. W. Medwidsky

316 King Street East, Suite 106, King Street
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Dermatology Specialist

Northumberland Specialty Clinic

1000 DePalma Drive, Northumberland Hills
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Offices of Other Health Practitioners

Cobourg Chiropractic Centre

471 Division Street
Cobourg, ON K9A 3S1
905.372.0166
Chiropractic treatments,

Dr. Jane Coates

200 Division Street, Units C
Cobourg, ON K9A 3P7
905.372.8667 FAX: 905.372.5725
Dean Coates, Office Manager
Optometry examinations

Spring Street Chiropractic

271 Spring Street
Cobourg, ON K9A 3K3
905.372.1616 FAX: 905.372.1051
dr.wayne@bellnet.ca
Wayne L. Woodland, Chiropractor
Chiropractic services

Wood, Dr. Katherine

210 Willmott Street, Unit 5D, P.O. Box 814
Cobourg, ON K9A 4S3
905.373.1394 FAX: 905.373.1394
katherine.wood@bellnet.ca
Chiropractor

Superior Disaster Services

578 Victoria Street, P.O. 1201
Cobourg, ON K9A 5A4
905.372.0189 FAX: 905.373.0767
superiorcob@supdis.com
www.supdis.com
Robert McCracken, Branch Manager
General contractor for insurance industry

The Colourful Turtle's Healing Centre

326 Division Street
Cobourg, ON K9A 3R3
905.372.4518
Sharon Black, Angie Brooks, Co.Owners
Registered massage therapists

Lorrie's Foot Care Clinic

232 Spencer Street
Cobourg, ON K9A 4L3
905.396.2198
rsbmm@sympatico.ca
Lorrie Willett, Owner
Foot care

Bradford Chiropractic Clinic

386 Division Street
Cobourg, ON K9A 3R6
905.372.2946
S.L. Bradford, Chiropractor
Chiropractic services

Chiropractic Family Health Care

9 Elgin Street East, Unit 1
Cobourg, ON K9A 0A1
905.377.1754 FAX: 905.373.9335
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Burnham
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Northumberland Denture Clinic

884 Division Street, Unit 108
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905.372.4244 FAX: 905.372.3663
Edita Klacanfky, Owner
We offer complete and partial denture services.

Synergy Homeopathic Clinic

301 Division Street
Cobourg, ON K9A 3R2
905.377.8318 FAX: 905.753.2149
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Homeopathy, natural health care

Dr. Viznyak, Peter and Associates

717 Division Street
Cobourg, ON K9A 3T1
905.372.6251 FAX: 905.372.6310
Dr. Peter Viznyak
Dental office

Dr. Linda Cole Clement, Dr. Clement Anju

45 Covert Street
Cobourg, ON K9A 2L7
905.372.1688 FAX: 905.372.1218
Drs. Linda Cole & Anju Clement, Optometrists
Optometrist

Drs. Brisson, Gohr, Shellenberg, Optometry Professional Corp.

316 King Street East, Suite 105, King Street
Medical Centre
Cobourg, ON K9A 5R8
905.372.1858 FAX: 905.372.0880
Toll.free: 1.877.686.0664
www.cobourgoptometry.ca
Optometry clinic

Willmott Therapeutics

210 Willmott Street, Unit 5 Mail To: P.O. Box
1162, Cobourg, ON, K9A 5A4
905.377.8360 FAX: 905.377.8740
office@willmott.therapeutics.com
www.willmott.therapeutics.com
Denise Cameron and Theresa Harding,
Registered Massage Therapist, Owner
Massage therapy clinic, personal training

Cobourg Denture Clinic

251 Division Street
Cobourg, ON K9A 3P9
905.372.9839
Ron Reutcky, Owner
Denture fabrication & service

Dr. Stephen Connor,

1005 Elgin Street West
Cobourg, ON K9A 5J4
905.373.0220
Steven Connor
Doctor's office & travel clinic

Cobourg Laser Clinic

1011 Elgin Street West
Cobourg, ON K9A 5J4
905.377.8409
info@cobourglaser.com
www.cobourglaser.com
Dr. Marie Fisher, M.D., Medical Doctor
Cosmetic Laser Clinic, hair removal, laser skin
rejuvenation, vein removal, acne and rosacea
treatment, chemical peels, Restylane

Penny Ellis

82 King Street West, Apartment C
Cobourg, ON K9A 2M3
905.377.9606
Penny Ellis, Owner
Aromatherapy and Reiki, reflexology

Lady Bug Massage Therapy

1040 Division Street, Unit 10
Cobourg, ON K9A 5Y5
905.377.0264 FAX: 905.377.0267
ladybugmassagetherapy@bellnet.ca
www.ladymassagetherapy.com
Jessica Westbrook, Owner,
Massage Therapy Clinic offering reflexology,
aromatherapy, hot stone therapy and NISA.

Senior Support Services

138 Tremaine Street
Cobourg, ON K9A 2Z3
905.372.5773
Marta Habermehl, Owner
Senior support services

Cobourg YMCA Ontario**Early Years Centre. Branch of YMCA
Northumberland**

339 Elgin Street West
Cobourg, ON K9A 4X5
905.377.1271 FAX: 905.377.8940
oeycmail@ymcanorthumberland.com
www.ymcanorthumberland.com
Linda Givelas, General Manager
Provide services for parents/caregivers and their
children aged 0 . 6

Cobourg YMCA Child Care. Branch of YMCA Northumberland

339 Elgin Street West
Cobourg, ON K9A 4X5
905.372.9247
Debbie Brown, Supervisor
Child care (ages 2.12)

YMCA Northumberland Children's Services Branch

339 Elgin Street West
Cobourg, ON K9A 4X5
905.372.9247 FAX: 905.377.8940
Linda Hunter, General Manager
Provides licensed child care

C.R. Gummow YMCA Child Care

287 Gravely Street
Cobourg, ON K9A 4X5
905.373.8011
Debbie Brown, Co.Supervisor
Child Care (ages 2.12)

We.Fix.U

727 William Street
Cobourg, ON K9A 3A7
905.373.7045 FAX: 905.373.7271
npfcc@bellnet.ca
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Complete family foot care, custom made orthotics, shoes, DVA patients, physiotherapy & massage therapy

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438 Division Street
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905.372.6778
karenm@eagle.ca
www.indigohealingcentre.com
Karen Mayson, Owner
Holistic healing solutions for your body.

Northumberland Cardiovascular Institute

1005 Elgin Street West Suite 104 Cobourg, ON K9A 5J4
905.373.0095 FAX: 905.373.0902
Dr. N. Kumar

Edith McBride

27 Chapel Street
Cobourg, ON K9A 1J1
905.372.7395
Edith McBride, Owner/Operator
Reflexology & therapeutic touch

Welcome Wagon

3 Haymer Street
Cobourg, ON K9A 4V2
905.373.6293
mharrington3@cogeco.ca
www.welcomewagon.ca
Margaret Harrington, Representatives
Community Welcome

Family Dental Centre

1060 Burnham Street, Unit 3, Gateway Plaza
Cobourg, ON K9A 5V9
905.372.7400 FAX: 905.372.6585
www.familydentalcentre.com
Melissa Stapley, Office Manager
Family Dental Centre

Heaven on Earth Spa & Wellness Centre Inc.

89 King Street West
Cobourg, ON K9A 2M4
905.372.0557 FAX: 905.372.5965
spainfo@heavenonearth.ca
www.heavenonearth.ca
Alisha Maguire, Manager, Spa director
Full service spa offering massage therapy, esthetics, hydrotherapy

Scott Miller RMT

198 Bagot Street
Cobourg, ON K9A 3G4
905.377.0620 FAX: 905.377.0619
scott@victoriaview.ca
Scott Miller, Owner
Registered massage therapist

Christy Young, RMT, C.Ht

197 Third Street
Cobourg, ON K9A 3L5
289. 251.2375
Christy Young, RMT
Massage therapy, craniosacral therapy and hypnotherapy.

Terry Marrocco

340 King Street West
Cobourg, ON K9A 2N5
905.375.5599
vibrantly@hotmail.com
Terry Marrocco, Therapist
Counselor and art therapist. Specializing in art journaling

Cobourg Orthopaedics and Sports Injury Clinic

304 Division Street
Cobourg, ON K9A 3R3
905.372.0100 FAX: 905.372.0803
www.cobourgosic.com
Dr. Hillary Allen or Jeff Crowley,
Orthopaedics and Sports Injury Clinic

Winnie Visser Counseling Services

1011 Elgin Street West, Suite 28
Cobourg, ON K9A 5J4
905.373.4050 FAX: 613. 961.1709
1.866.292.3223
winnievisser@aim.com
Winnie Visser, Owner
Individual, couple and family counseling

Body & Muscle Harmony

253 Division Street
Cobourg, ON K9A 3P9
905.377.1754 or 1.877.772.8249
giller28@hotmail.com
Erin Gill, Owner
Massage therapy

Fusion Wellness Studio

210 Willmott Street, Unit 5
Cobourg, ON K9A 5R8
905.376.8412
helen@fusionwellness.ca
www.fusionwellness.ca
Helen McCrea, Owner
Offers realistic goal planning and professional
instruction/guidance

Lakeview Chiropractic

197 Third Street
Cobourg, ON K9A 3L5
905.372.5550 FAX: 905.372.5556
dr.mcvety@gmail.com
Joshawa Mcvety,
Chiropractic services, I.A.T.S

Patterson Massage Therapy Clinic

618 Bayfield Court
Cobourg, ON K9A 4P1
905.373.6020
Jennifer Patterson, Massage Therapist
Massage therapy

Shirley Desborough, NHP HTSMP

429 George Street
Cobourg, ON K9A 3M7
905.377.1687
desborough@sympatico.ca
www.northumberlandnaturalhealth.com
Shirley Desborough, Owner
Provides natural health therapies and practices

Thrive

253 Division Street Unit 108
Cobourg, ON K9A 3P9
905.396.0986
office@thrivemassagetherapy.ca
www.thrivemassagetherapy.ca
Erin Dolan, Owner
Massage Therapy and gift shop

Nancy Marrocco Counseling

116 Chapel Street
Cobourg, ON K9A 1J3
905.396.3489
nmarrocco@sympatico.ca
Nancy Marrocco, Owner
Personal counseling service

Offices of Social Service Practitioners

Artreach

315 Division Street (Mail to: R.R.# 2 Colborne,
ON K0K 1S0)
Cobourg, ON K9A 3R4
905.372.2805
artreach@eagle.ca
Edward Hagedorn, Art Therapist
Expressive arts therapy

Sheila Breckenridge

1 Pebble Beach Drive
Cobourg, ON K9A 2C2
905.377.0096
Shiela Breckenridge, Owner
Family therapist

Connection Counseling Services

Telephone inquires only
Cobourg, ON
905.373.9282 FAX: 905.373.6032
Dave Sutherland, Counselor
Counseling services, certified in drug & alcohol
counseling

Halpern & Seppanen Psychological Services

282 George Street, P.O. Box 786
Cobourg, ON K9A 4S3
905.373.1229 FAX: 905.373.1403
helpsych@3web.com
Drs. Anita Halpern & Linda Seppanen, Dr.
Lorraine Patterson (supervisor), Psychologist, C.
Psych..
Psychological services . therapy & assessment
stress, motor vehicle accidents

Lifespan Resource Centre

253 Division Street, Unit 109
Cobourg, ON K9A 3P9
905.373.1902 FAX: 905.373.1481
Ray Parthun, Director
Psychological services

Shepell, Warren Consultants Corp.

1011 Elgin Street West
Cobourg, ON K9A 5J4
416.961.0023 FAX: 905.372.2232
www.warrenshepell.com
David Zelonko,
Employee assistance programs

Cobourg Sleep Clinic

197 Third Street
Cobourg , ON K9A 3L5
905.373.1227
cobourgsleepclinic@yahoo.ca
Michael Eden, Owner
Sleep Clinic.

Medical & Other Health Laboratories

Life Labs

1060 Burnham Street Medical Centre
Cobourg, ON K9A 5V9
1.877.849.3637 FAX: 905.372.7597
www.mdsdx.com
Milda Bax, Client Service Manager
Medical laboratory

Health & Social Service Associations & Agencies

Community Advocacy Services

609 William Street
Cobourg, ON K9A 3A6
905.372.4822 FAX: 905.372.4386
Diane.harris@accesscommunity.ca
Diane Harris, Community Advocacy Worker
Case management,

Horizons of Friendship

50 Covert Street, P.O. Box 402

Cobourg, ON K9A 4L1

905.372.5483 FAX: 905.372.7095

1.888.729.9928

info@horizons.ca

www.horizons.ca

Patricia Rebolledo, Executive Director

Non-profit international development agency working with partners in Mexico & Central America.

PLEASE NOTE

Description of services offered is general. Please contact business/organization for additional information.

This guide is updated yearly. For a more current listing of the businesses please visit the Town of Cobourg's Business Directory at; www.cobourgecondev.ca

Last update September 2011

